

Dianne Quinton, CPCC, PCC

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Executive Coaching
Leadership Development
Facilitation

Profile

Dianne Quinton is a Certified Professional Co-Active Coach, trained by The Coaches Training Institute in individual, organizational and relationship systems coaching. She also holds a Professional Certified Coach credential through the International Coach Federation. A seasoned change practitioner, Dianne has extensive experience in communications, leadership development, facilitation and team building. Dianne is certified in Personality Type and Emotional Intelligence tools, and is adept at designing customized workshops and other initiatives to meet client needs.

Driven by a passion for inspiring and developing people to live up to their full potential, Dianne provides leaders the support they need to be emotionally intelligent, self aware and courageous - critical elements for personal and organizational success. As a member of several senior leadership teams, she has provided coaching and change leadership to significant transformation initiatives affecting more than 1000 employees at a time.

Dianne coaches her clients to consciously make choices from a place of informed awareness, and to be intentional in their thoughts, language and behaviors. Given the focus on alignment with values, her clients find working with Dianne to be a powerful and transforming experience.

Accomplishments

Coaching, Leadership Development and Facilitation

- ◆ Well-established coaching practice primarily focused on leadership development and building healthy, effective workplaces. Client base has spanned multiple continents.
- ◆ Completion of advanced training in Organization and Relationship Systems Coaching.
- ◆ Assisted in the training of new coaches at workshops offered by the Coaches Training Institute through the University of Calgary.
- ◆ Co-developer and Facilitator of the Intentional and Purposeful Leadership workshop series.
- ◆ Facilitator for the University of Calgary in the Emerging Leader Certificate Program and ULead - focus on Leadership, Relationships (Team Dynamics), Coaching, Change Management.
- ◆ Volunteer Sr. Coach for "Advancing Emergency Medical Services Leadership Through Coaching", a special Masters in Leadership project for EMS across Canada.
- ◆ Co-created and facilitated a Coaching and Leadership Development program for an international advertising organization. The program expanded to include team effectiveness and 'design of work' initiatives at VP and other levels, and received the 2008 PRISM Award for excellence and business achievement through coaching.
- ◆ Create and/or facilitate leadership development workshops and other initiatives (ranging from ½ day to 5 days) for corporate clients.
- ◆ Co-facilitator for several courses and seminars, including the Women's Leadership Forum, Workplace Strategies for Women – University of Calgary; Women's Wellness Conference.
- ◆ Played a key role in the creation of a national organization's leadership development initiatives.

Communications

- ◆ Prepared internal and external communications for all levels of management, from CEO to front line.
- ◆ Led a team responsible for the development and implementation of national communication strategies. Also developed, implemented and/or supported programs that facilitated relationship building and knowledge transfer.

Change Management

- ◆ Provided change management leadership to significant transformation initiatives, including those affecting more than 1000 employees. Supported clients at all levels, from Executive to front line, through mergers and acquisitions.
- ◆ Developed and championed initiatives to create and sustain a well-living workplace.

Professional Experience

The Optimal You

2004 - Present

Principal of a Coaching and Facilitation business focused on building healthy workplaces with emotionally intelligent, coach-like leaders and effective teams. Services include individual and team coaching, developing and facilitating learning initiatives, 360 debriefing, team building, and change management and communication support. Experience in working at all levels, from CEO to front line. Clients have included Government of Alberta, Calgary Health Region, City of Medicine Hat, Devon Canada, Halliburton, National Oilwell Varco, Suncor, TELUS, Telvent, Trans Alta, University of Calgary, Veer, as well as numerous private clients.

TELUS

1989 – 2005

Since 2001, served as a member of several Senior Leadership Teams. Responsibilities included coaching, leadership development, change management and communications. Managed staff. Prior positions focused on developing and managing employee community programs, leveraging sponsorships, reputation management, and regional and national sales.

Previous employers include The City of Calgary and a major national retail organization.

Education and Specialized Training

Professional Certified Coach (PCC), International Coach Federation (ICF)
Certified Professional Coactive Coach (CPCC), Coaches Training Institute (CTI)
Advanced Training, Organization and Relationships Systems Coaching, CTI
Certified Coach, The Bigger Game™ leadership model
Facilitative Leadership and Essential Facilitation, Interaction Associates
Advanced Certification, Corporate Community Relations, Boston College
Honors Graduate, Canadian Institute of Management
Business Management Certificate, Southern Alberta Institute of Technology
Professional Speaking, Mount Royal College

Additional Certifications:

Myers Briggs Type Indicator (MBTI)
Emotional Intelligence EQ-i 2.0 and EQ360
Powerful Professionals
Facilitation Skills, Development Dimensions International (DDI)
True Colors; Personality Dimensions

Experienced in facilitating:

Leadership Challenge
Five Dysfunctions of a Team
Dealing with Conflict